

The logo for UpSpring features the word "Up" in a stylized, yellow, cursive font. The letter "p" is integrated with a yellow arrow pointing upwards and to the right. To the right of "Up", the word "Spring" is written in a bold, black, sans-serif font.

# UpSpring

Report of Findings for UpSpring 360 2019

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## Executive Summary

Much has been said about Cincinnati's problem with childhood poverty and homelessness. The city's kids are at risk for terrible outcomes in many areas, including health, behavioral health, and academics. These may have long-term effects that not only impact individuals, but our society and city as well. UpSpring is an organization that makes a difference in Cincinnati and Northern Kentucky. Their ability to consistently address and improve the lives of homeless children in this region is remarkable.

It is my honest and sincere pleasure to present the evaluation findings of UpSpring 360 for Summer 2019. For several years, there are significant findings showing real-world impact in the lives of their campers. Not only does the agency successfully impact the lives of homeless children and youth, but also makes major change in the lives of families in the city. When children are enriched, forget about home situations and are able to act like children, even for a couple of hours, society gains.

UpSpring works.

A handwritten signature in black ink, appearing to read "James P. Canfield". The signature is fluid and cursive, with the first name "James" written in a larger, more prominent script.

James P. Canfield, Ph.D.

## UpSpring 360: Cincinnati

After camp:

- 96.8% of children felt healthy
- 93.5% of children felt they could be successful at school
- 93.5% of children had hope for the future
- 93.4% of children felt good about themselves
- 83.9% of children indicated camp was enriching
- 71% of the children felt listened to
- 83.9% of the children were prepared for the school year
- 93.6 of the students reported having new experiences
- Campers reported significant ( $p < .1$ ) increases in how to talk themselves out of feeling bad
- Campers reported that teachers recognized when they did well significantly more ( $p < .05$ )

### UpSpring 360 Cincinnati Important Childhood Events

- On average, the kids significantly ( $p < .05$ ) increased by three ( $M=3.032$ ;  $SD=3.469$ ) important childhood events.
- A treatment effect was detected in Laser Tag, Kings Island, Hiking, Horseback Riding, and the Planetarium. This means that because of UpSpring 360, campers had these as new experiences.

### **UpSpring 360 Cincinnati Playing Outside**

- Campers reported playing outside significantly more ( $p < .05$ ) after participating in camp.

### **UpSpring 360: Northern Kentucky**

After camp:

- 95.8% of kids felt healthy
- 97.9% felt that they could be successful at school
- 91.5% of campers had hope for the future
- 95.8% felt good about themselves
- 84.8% felt enriched through camp
- 78.3% had friends that listened to them
- 84.8% felt prepared for the next school year
- 89.2% reported having had new experiences
- After camp, students significantly increased their scores in feeling like they could be successful in school ( $p < .05$ ).

### **UpSpring 360 Northern Kentucky Important Childhood Events**

- On average, the kids significantly ( $p < .05$ ) increased their important childhood experiences ( $M=1.316$ ,  $SD=3.05$ ).
- A treatment effect was detected in the Museum Center, Having a Tutor, and Horseback Riding. This means that because of going to UpSpring 360, these campers had these events.

### **UpSpring 360 Northern Kentucky Playing Outside**

- Campers reported playing outside significantly more ( $p < .05$ ) after participating in camp.

### **UpSpring 360 Northern Kentucky Hunger**

- Campers reported having enough to eat significantly more ( $p < .05$ ) after participating in camp. Kids had nearly two more days of enough food after camp ( $M = 1.763$ ,  $SD = 2.804$ ).

### **UpSpring 360 Math Report**

- After camp, 72.2% of campers in Cincinnati increased or maintained their scores in Math Fluency.
- After camp, 53.8% of campers in Cincinnati increased or maintained their scores in Calculation Competence.
- After camp, 73.2% of campers in Northern Kentucky increased or maintained their scores in Math Fluency.
- After camp, 77.8% of campers in Northern Kentucky increased or maintained their scores in Calculation Competence.

### **UpSpring 360 Literacy Report**

- After camp, 80.8% of Northern Kentucky campers maintained or improved their TOSREC raw scores.
- After camp, 63% of Cincinnati campers maintained or improved their TOSREC raw scores.
- After camp, 90.2% of Northern Kentucky campers maintained or improved their SLOSSON raw scores.

- After camp, 55.2% of Cincinnati campers maintained or improved their SLOSSON raw scores.

*Note: Each statistic used cases with available complete data. Items had varying numbers of cases.*